FORM 4	4
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Check this box if no
longer subject to
Section 16. Form 4 or
Form 5 obligations
may continue. See
Instruction 1(b).

#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)	Damaan *	2 Januar Marri	and Tick		Tuodin o C	a week of		5. Relationship of Reporting	Person(s) to	Issuer		
1. Name and Address of Reporting Niihara Yutaka	2. Issuer Name Emmaus Life						(Check all a					
(Last) (First) 21250 HAWTHORNE BLV	(Middle) D., SUITE 800						ur)	X_Officer (give title below)Other (specify below) Chairman and CEO				
(Street)	4. If Amendmer	nt, Date Or	igina	l Filed(Mo	nth/Day/	Year)	6. Individual or Joint/Group I X_Form filed by One Reporting Per		pplicable Line)			
TORRANCE, CA 90503							Form filed by More than One Rep					
(City) (State)	(Zip)		Table I - N	Non-l	Derivativo	e Secu	rities Ac	quired, Disposed of, or Beneficially Owned				
1.Title of Security (Instr. 3)	Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	on	(A) or D	(A) or Disposed of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	or Indirect	Beneficial Ownership		
			Code	v	Amount	or (D)	Price		(I) (Instr. 4)			
Common stock, \$0.001 par value	08/29/2019		Р		600	А	\$ 3.06	11,101	Ι	By Soomi Niihara		
Common stock, \$0.001 par value	08/29/2019		Р		100	А	\$ 3.09	11,201	Ι	By Soomi Niihara		
Common stock, \$0.001 par value	08/29/2019		Р		500	А	\$ 3.11	11,701	Ι	By Soomi Niihara		
Common stock, \$0.001 par value	08/29/2019		Р		200	А	\$ 3.12	11,901	Ι	By Soomi Niihara		
Common stock, \$0.001 par value	08/29/2019		Р		200	А	\$ 3.13	12,101	Ι	By Soomi Niihara		
Common stock, \$0.001 par value	08/29/2019		Р		1,400	А	\$ 3.135	13,501	Ι	By Soomi Niihara		
Common stock, \$0.001 par value	08/29/2019		Р		600	А	\$ 3.145	14,101	Ι	By Soomi Niihara		
Common stock, \$0.001 par value	08/29/2019		Р		1,300	А	\$ 3.15	15,401	Ι	By Soomi Niihara		
Common stock, \$0.001 par value	08/29/2019		Р		300	А	\$ 3.155	15,701	Ι	By Soomi Niihara		
Common stock, \$0.001 par value	08/29/2019		Р		300	А	\$ 3.16	16,001	Ι	By Soomi Niihara		
Common stock, \$0.001 par value	08/29/2019		Р		800	А	\$ 3.165	16,801	Ι	By Soomi Niihara		
Common stock, \$0.001 par value	08/29/2019		Р		2,500	А	\$ 3.17	19,301	Ι	By Soomi Niihara		
Common stock, \$0.001 par value	08/29/2019		Р		2,000	А	\$ 3.175	21,301	Ι	By Soomi Niihara		
Common stock, \$0.001 par value	08/29/2019		Р		900	А	\$ 3.18	22,201	Ι	By Soomi Niihara		
Common stock, \$0.001 par value	08/29/2019		Р		100	А	\$ 3.19	22,301	Ι	By Soomi Niihara		
Common stock, \$0.001 par value	08/29/2019		Р		400	А	\$ 3.2	22,701	Ι	By Soomi Niihara		
Common stock, \$0.001 par value	08/29/2019		Р		500	А	\$ 3.21	23,201	Ι	By Soomi Niihara		
Common stock, \$0.001 par value	08/29/2019		Р		470	А	\$ 3.22	23,671	Ι	By Soomi Niihara		

Common stock, \$0.001 par value	08/29/2019	Р	200	А	\$ 3.23	23,871	Ι	By Soomi Niihara
Common stock, \$0.001 par value	08/29/2019	Р	1,100	А	\$ 3.24	24,971	I	By Soomi Niihara
Common stock, \$0.001 par value	08/29/2019	Р	3,100	А	\$ 3.25	28,071	Ι	By Soomi Niihara
Common stock, \$0.001 par value	08/29/2019	Р	600	А	\$ 3.26	28,671	Ι	By Soomi Niihara
Common stock, \$0.001 par value	08/29/2019	Р	1,630	А	\$ 3.27	30,301	I	By Soomi Niihara
Common stock, \$0.001 par value	08/29/2019	Р	100	А	\$ 3.28	30,401	I	By Soomi Niihara
Common stock, \$0.001 par value	08/29/2019	Р	100	А	\$ 3.3	30,501	Ι	By Soomi Niihara
Common stock, \$0.001 par value						10,221,626	D (1)	
Common stock, \$0.001 par value						92,794	Ι	By Hope International Hospice, Inc. <sup>(2)</sup>
Common stock, \$0.001 par value						46,446	Ι	As custodian <sup>(3)</sup>

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

	( <i>e.g.</i> , puts, calls, warrants, options, convertible securities)														
1. Title of	2.	3. Transaction	3A. Deemed	4.	:	5.		6. Date Exer	cisable	7. Tit	le and	8. Price of	9. Number of	10.	11. Nature
Derivative	Conversion	Date	Execution Date, if	Transactio	n 1	Number and Expiration Date A		Amount of		Derivative	Derivative	Ownership	of Indirect		
Security	or Exercise	(Month/Day/Year)	any	Code	•	of		(Month/Day	/Year)	Underlying Security		Security	Securities	Form of	Beneficial
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)		Deriv				Securities (Instr. 5)		(Instr. 5)	Beneficially	Derivative	Ownership
	Derivative					Secur				(Instr. 3 and			Owned	Security:	(Instr. 4)
	Security					Acqui	red			4)			0	Direct (D)	
						(A) 01							1	or Indirect	
						Disposed					Transaction(s)	(I)			
						of (D)	f (D)					(Instr. 4)	(Instr. 4)		
						(Instr.	· · ·								
					4	4, and	5)								
											Amount				
								Date	Emination		or				
								Exercisable	Expiration Date	Title	Number				
								Exercisable	Date		of				
				Code V	V	(A)	(D)				Shares				

## **Reporting Owners**

	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
Niihara Yutaka 21250 HAWTHORNE BLVD. SUITE 800 TORRANCE, CA 90503	Х	Х	Chairman and CEO					

# Signatures

Yutaka Niihara, M.D., M.P.H.	08/30/2019
**Signature of Reporting Person	Date

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The shares shown and all other shares shown in this Report as owned directly include shares owned jointly with Soomi Niihara, the reporting person's wife.
- (2) Hope International Hospice, Inc, is a California corporation of which Dr. Niihara and his wife are the sole shareholders and directors.
- (3) The shares shown are held by Dr. Niihara as custodian for the benefit of his adult children. Dr. Niihara disclaims beneficial ownership of such shares. The inclusion in this Report of such shares shall not be deemed an admission that Dr. Niihara is the beneficial owners of such shares for purposes of Section 16 or for any other purpose.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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