FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)										
1. Name and Address of Reporting Niihara Yutaka	2. Issuer Name Emmaus Life			_	•		5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director X 10% Owner			
(Last) (First) 21250 HAWTHORNE BLV	3. Date of Earlie 08/26/2019	est Transac	tion	(Month/D	ay/Yea	ır)	X_Officer (give title below)			
(Street)	4. If Amendmen	nt, Date Or	igina	l Filed(Mo	nth/Day/	Year)	6. Individual or Joint/Group Filing(Check Applicable Line) X Form filed by One Reporting Person			
TORRANCE, CA 90503							Form filed by More than One Rep			
(City) (State)	(Zip)		Table I - N	lon-l	Derivativ	e Secui	quired, Disposed of, or Beneficially Owned			
1.Title of Security (Instr. 3)	Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code	on	4. Securi (A) or D (Instr. 3,	isposed 4 and	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	Form:	Beneficial Ownership
			Code	V	Amount	(A) or (D)	Price		(I) (Instr. 4)	
Common stock, \$0.001 par value	08/26/2019		P		400	A	\$ 3.11	1,018,566	D (1)	
Common stock, \$0.001 par value	08/26/2019		P		100	A	\$ 3.14	1,018,666	D	
Common stock, \$0.001 par value	08/26/2019		P		400	A	\$ 3.15	1,019,066	D	
Common stock, \$0.001 par value	08/26/2019		P		300	A	\$ 3.16	1,019,366	D	
Common stock, \$0.001 par value	08/26/2019		P		900	A	\$ 3.17	1,020,266	D	
Common stock, \$0.001 par value	08/26/2019		P		600	A	\$ 3.18	1,020,866	D	
Common stock, \$0.001 par value	08/26/2019		P		100	A	\$ 3.19	1,020,966	D	
Common stock, \$0.001 par value	08/26/2019		P		800	A	\$ 3.2	1,021,766	D	
Common stock, \$0.001 par value	08/26/2019		P		1,700	A	\$ 3.215	1,023,466	D	
Common stock, \$0.001 par value	08/26/2019		P		200	A	\$ 3.22	1,023,666	D	
Common stock, \$0.001 par value	08/26/2019		P		300	A	\$ 3.26	1,023,966	D	
Common stock, \$0.001 par value	08/26/2019		P		100	A	\$ 3.22	1,024,066	D	
Common stock, \$0.001 par value	08/26/2019		P		100	A	\$ 3.33	1,024,166	D	
Common stock, \$0.001 par value	08/27/2019		P		5,800	A	\$ 2.59	1,029,966	D	
Common stock, \$0.001 par value	08/27/2019		P		100	A	\$ 2.6	1,030,066	D	
Common stock, \$0.001 par value	08/27/2019		P		1,200	A	\$ 2.63	1,031,266	D	
Common stock, \$0.001 par value	08/27/2019		P		2,004	A	\$ 2.64	1,033,270	D	
Common stock, \$0.001 par value	08/27/2019		P		1,000	A	\$ 2.65	1,034,270	D	

Common stock, \$0.001 par value							10,501	I	By Soomi Niihara
Common stock, \$0.001 par value							92,749	I	By Hope International Hospice, Inc. (2)
Common stock, \$0.001 par value							46,446	I	As custodian (3)
Common stock, \$0.001 par value	08/27/2019		P	338	A	\$ 2.66	1,034,608	D	
Common stock, \$0.001 par value	08/27/2019		P	3,900	A	\$ 2.665	1,038,508	D	
Common stock, \$0.001 par value	08/27/2019		P	50	A	\$ 2.67	1,038,558	D	
Common stock, \$0.001 par value	08/27/2019		P	5,263	A	\$ 2.68	1,043,821	D	
Common stock, \$0.001 par value	08/27/2019		P	696	A	\$ 2.69	1,044,517	D	
Common stock, \$0.001 par value	08/27/2019		P	100	A	\$ 2.695	1,044,617	D	
Common stock, \$0.001 par value	08/27/2019		P	4,049	A	\$ 2.7	1,048,666	D	
Common stock, \$0.001 par value	08/27/2019		P	1,000	A	\$ 2.71	1,049,666	D	
Common stock, \$0.001 par value	08/27/2019		P	200	A	\$ 2.72	1,049,866	D	
Reminder: Report on a separate line	e for each class of se	curities beneficially	owned dir		-	espond	to the collection of in	formation	SEC 1474 (9-02)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction	3A. Deemed	4.	5.		6. Date Exer	cisable	7. Tit	le and	8. Price of	9. Number of	10.	11. Nature	
Derivative	Conversion	Date	Execution Date, if	Transaction	Num	ber	and Expiration Date		Amount of		Derivative	Derivative	Ownership	of Indirect	
Security	or Exercise	(Month/Day/Year)	any	Code	of		(Month/Day/Year)		Unde	rlying	Security	Securities	Form of	Beneficial	
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Deriv	ative			Secur	rities	(Instr. 5)	Beneficially	Derivative	Ownership	
	Derivative				Secu	rities			(Instr	. 3 and		Owned	Security:	(Instr. 4)	
	Security				Acqu	ired			4)			Following	Direct (D)		
					(A) c	r						Reported	or Indirect		
					Disp	osed						Transaction(s)	(I)		
					of (D)						(Instr. 4)	(Instr. 4)		
					(Instr	: 3,									
					4, an	d 5)									
										Amount					
							D .	.		or					
								Expiration	Title	Number					
							Exercisable	Date		of					
				Code V	(A)	(D)				Shares					

Reporting Owners

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Niihara Yutaka 21250 HAWTHORNE BLVD. SUITE 800 TORRANCE, CA 90503	X	X	Chairman and CEO				

Signatures

Yutaka Niihara, M.D., M.P.H.	08/27/2019
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The shares shown and all other shares shown in this Report as owned directly include shares owned jointly with Soomi Niihara, the reporting person's wife.
- (2) Hope International Hospice, Inc, is a California corporation of which Dr. Niihara and his wife are the sole shareholders and directors.
- (3) The shares shown are held by Dr. Niihara as custodian for the benefit of his adult children. Dr. Niihara disclaims beneficial ownership of such shares. The inclusion in this Report of such shares shall not be deemed an admission that Dr. Niihara is the beneficial owners of such shares for purposes of Section 16 or for any other purpose.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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