

U.S. SECURITIES AND EXCHANGE COMMISSION
WASHINGTON, D.C. 20549

FORM 4/A
AMENDED STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

1. Name and Address of Reporting Person: Richard F. Holt, 31103 Rancho Viejo Road #2102, San Juan Capistrano 92675
2. Issuer Name and Ticker or Trading Symbol: Age Research, Inc. (AGER)
3. IRS or Social Security Number of Reporting Person (Voluntary):
4. Statement for Month/Year: 4/00
5. If Amendment, Date of Original (Month/Year):
6. Relationship of Reporting Person(s) to Issuer (Check all Applicable)
(X) Director (X) Officer, give title below (X) 10% Owner () Other
Title: President
7. Individual or Joint/Group Filing (Check Applicable Line)
(X) Form filed by One Reporting Person
() Form filed by More than One Reporting Person

TABLE I
NON-DERIVATIVE SECURITIES ACQUIRED, DISPOSED OF, OR BENEFICIALLY OWNED

1. Title of Security:
2. Transaction Date (Month/Day/Year):
3. Transaction Code:
4. Securities Acquired (A) or Disposed of (D):
5. Amount of Securities Beneficially Owned at End of Month: 9,651,833
6. Ownership Form: Direct (D) or Indirect (I):
D 9,601,833
I 50,000
7. Nature of Indirect Beneficial Ownership: Held by Mr. Holt's Spouse

TABLE II
DERIVATIVE SECURITIES ACQUIRED, DISPOSED OF OR BENEFICIALLY OWNED

1. Title of Derivative Security: N/A
2. Conversion or Exercise Price of Derivative Security: N/A
3. Transaction Date (Month/Day/Year): N/A
4. Transaction Code: N/A
5. Number of Derivative Securities Acquired (A) or Disposed of (D): N/A
6. Date Exercisable and Expiration Date (Month/Day/Year): N/A
8. Price of Derivative Security: N/A
9. Number of Derivative Securities Beneficially Owned at End of Month: N/A
10. Ownership Form of Derivative Security: Direct (D) or Indirect (I): N/A
11. Nature of Indirect Beneficial Ownership: N/A

Explanation of Responses:

Signature of Reporting Person:

/S/Richard F. Holt

Date: 8/07/00