UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 OR 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): December 15, 2025

Emmaus Life Sciences, Inc.

(Exact name of registrant as specified in its charter)

| Delaware | 001-35527 | 87-0419387 |
|--|--------------------------|--|
| (State or other jurisdiction of incorporation) | (Commission File Number) | (I.R.S. Employer Identification No.) |
| 21250 Hawthorne Boulevard, Suite 800, Torrance, CA | | 90503 |
| (Address of principal executive offices) | | (Zip Code) |
| Registrant's telephone number, including area code (310) 214-0065 | | |
| (Former name or former address, if changed, since last report.) | | |
| Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions: | | |
| ☐ Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425) | | |
| □ Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12) | | |
| □ Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b)) | | |
| □ Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13a-4(c)) | | |
| Securities registered pursuant to Section 12(b of the Act: | | |
| Title of each class | Trading Symbol | Name of each exchange on which registered |
| None | | |
| Emerging growth company If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act. | | |
| Item 5.02 Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangement of Certain Officers | | |
| Resignation of Director | | |
| On December 15, 2025, Ian Zwicker resigned as a director of Emmaus Life Sciences, Inc. ("we," "us," "our," "Emmaus" or the "company"), effective December 31, 2025. | | |
| Item 9.01 Financial Statements and Exhibits. | | |
| (d) Exhibits | | |
| Exhibit Number | Description | |
| 104 Cover Page Interactive Data File (embedded within the inline XBRL Document) | | |
| | | |

SIGNATURES

Date: December 19, 2025

EMMAUS LIFE SCIENCES, INC.

By: /s/ WILLIS LEE

Name: Willis Lee

Title: Chairman and Chief Executive Officer